

Well-being for WOMEN

TWEED COAST

“These presentations offer a wealth of insight, inspiration and practical take-home tools for you to embrace in your own life.”



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Well-being for Women events offer a space for women to come together on an equal platform, exploring topics pertinent and shared amongst us. That we may restore what it means to live in a way of honouring ourselves often negated in our current times and discover just what true 'well-being' can actually be for us all.

Each event is open to women of all ages, and involves:

- **Presentation and group discussion/sharing**
- **The opportunity to deepen** in our relationship with and awareness of both our body and being
- **Connection** with others and the inspiration mutually offered by all.

When

**Monthly on Friday
6:30pm - 8pm**

Registration from 6pm

2019 Dates

17 May	13 Sep
14 Jun	11 Oct
19 Jul	8 Nov
16 Aug	

Where

**Pottsville, Tweed Coast
(venue and parking
details with registration)**



Bookings

To book visit

www.esotericwomenshealth.com/events



For more information email

tweedcoast@esotericwomenshealth.com

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